

## **Amma New Zealand**

Programme of Swami Atmananda Puri, Monastic Disciple of Sri Mata Amritanandamayi Devi (Amma)

## Venue/Date/Time Registration Programme Venue: High Commission of India (72 Please **REGISTER** to attend this free Amma New Zealand in Pipitea Street, Wellington) association with the High https://forms.gle/7kkLsFvNUb96jwi98 Date: Wednesday, 30 August 2023 Commission of India in Time: 6.00 pm - 7.30 pm President of Amma New Zealand: (Refreshments with vegetarian snacks Wellington presents a Satsang Siva Kumar 021 173 3044 and hot drinks are available from 5.30 pm Email: <u>president@amma.org.nz</u> with Swami Atmananda Puri in to 6 pm) Wellington Please **REGISTER** to attend this free **Silent Meditation Retreat in** Venue: Whitby Tennis Club, 27 Solander Place, Whitby, Porirua 5024 Wellington: This retreat is designed Date: Saturday, 2 September 2023 https://forms.gle/DLRVSoRtjLkg7Kpm6 to deepen and reinforce our Time: 9 am - 4 pm meditation practice using Amma New Zealand Inc Meals: Lunch, morning and afternoon tea (www.amma.org.nz) Amma's teachings and meditation will be provided techniques as a guide, including Entry: Koha of Any Amount. Contact: Siva Kumar guided meditation, walking Please wear Comfortable clothing and Email: president@amma.org.nz bring walking shoes, yoga mat and your meditation, silent meditation, Yoga Phone: 021 173 3044 drink bottle Nidra, Satsang and Q&A Time/Date: 6.30 pm Tuesday 5th Sept Karthika Pooia Haere Mai - All Welcome (Amma's Birth Star Pooja) Email: <u>ammanewzealand@amma.org.nz</u> (Please arrive at 6.15 pm for a 6.30 pm Website: www.amma.org.nz Auckland **Contact person** Venue: Surendran & Meera's home Arun: 022 581 3533 Address: 1 Korcula Place, Avondale, Auckland Time/Date: 6.30 pm - 8.30 pm, Friday Entry: Free or Koha of any amount. Spiritual Discourse with 8th September 2023 Please Register to attend this Event: Swami Atmananda Puri in Venue: CLM Lynfield Recreation and https://forms.gle/fgNd9NKAe65tjw6QA **Auckland "Inner Peace** Youth Centre, 16-18 Griffen Park Road, Mt Roskill, Auckland 1041 Contact person Arun: 022 581 3533 Through Sanatana Amma NZ Website: <u>www.amma.org.nz</u> Dharma"

## **Silent Meditation Retreat** with

Swami Atmananda Puri North Shore, Auckland Time/Date: 9 am – 4 pm, Sunday 10th September 2023

Venue: Fort Takapuna - The Barracks, Room 3, A13 Barracks, 170 Vauxhall Road, Narrow Neck, North Shore, Auckland 0624 Meals: Lunch, morning and afternoon tea will be provided

Entry: Koha of Any Amount.
Please wear Comfortable clothing and bring

walking shoes, yoga mat and your drink bottle

Email Amma NZ:
<a href="mailto:ammanewzealand@amma.org.nz">ammanewzealand@amma.org.nz</a>
Contact person **Arun: 022 581 3533**Amma NZ Website: <a href="mailto:www.amma.org.nz">www.amma.org.nz</a>

https://forms.gle/yNk52YD79aQSb2hx6

Please register to attend: